



The All Souls Interfaith School of Spiritual Direction is an interspiritual course of study for those called to provide spiritual companionship or those who are yearning for answers to their spiritual questions and want to do something meaningful with this yearning.

Encompassing the beliefs of Buddhists, Christians, Jews, Muslims, and many other faiths, the school is open to ordained and non-ordained persons. Students participate in two years of class sessions, both didactic and experiential. Spiritual leaders from many disciplines make up the faculty and share their insights, wisdom, and experiences. One important aspect of the school is the development of a community of participants who learn together and support one another.

Classes are held monthly on the second Saturday of the month. The program includes a required weekend retreat each year. The school meets at All Souls Interfaith Gathering at 291 Bostwick Farm Road, in Shelburne, Vermont (unless COVID protocols require virtual meetings).

Now accepting applications for the class starting in September 2022.

For further information, visit our website at www.allsoulsinterfaith.org

All Souls Interfaith School of Spiritual Direction

General Information, Schedule, and Curriculum

The All Souls Interfaith School of Spiritual Direction is a two-year program that equips its graduates to serve as spiritual companions and to deepen their own spiritual lives. This course encompasses the beliefs of the world's major religions and is open to both ordained and non-ordained individuals. Spiritual leaders from many disciplines make up the faculty and share their insights, knowledge, wisdom, and experience during the two years of the class. Students will be actively involved in the class, learning a great deal about themselves and how to best interact with others as spiritual companions.

Learning in the school is both didactic and experiential. Course members are asked to share their own experiences and concerns as an important part of the learning process. Texts are selected for each class and an additional reading list is available. Class members are expected to read at their own pace and interest level. One of the most important aspects of the School is the development of a community of learners and the sharing of support. Dependent on COVID protocols, the School will either meet on Zoom or at All Souls Interfaith Gathering, 291 Bostwick Farm Road, Shelburne, Vermont 05482.



Class of 2025 Information

We are now accepting applications for our interspiritual course in the training of those called to a vocation of spiritual companionship and for those who are yearning for answers to their own spiritual questions.

The School will begin in September 2023 and classes will occur monthly on the second Saturday of each month, from 9:00 a.m. to 4:00 p.m. for two ten-month sessions (September through June). There is also a required weekend retreat each January.

Before acceptance into the School, applicants will be interviewed to determine the appropriateness of the School to their particular needs and mutual expectations. The School is open to all persons regardless of race, ethnicity, religious beliefs, or sexual/gender identity. A completed application and a \$50.00 application fee must be submitted prior to the interview.

Enrollment is limited, and a genuine commitment to attending all of the sessions is important. Each student is permitted two excused absences per year; additional absences may require repeating a year. It is expected that every student has a personal spiritual director who has completed a recognized training program in spiritual direction for the duration of the program. For those who need one, All Souls will assist in finding an appropriate director. It is recommended but not required that students have a previous history of personal work with a spiritual companion, therapist, or coach prior to enrolling in the School.

The All Souls Interfaith School of Spiritual Direction provides proof of enrollment to Spiritual Directors International (SDI), making students eligible for reduced rate membership. The School recommends that you become a member of SDI to advance your understanding of this practice. We also recommend that you utilize the directory found on the SDI website (www.sdiworld.org) as you select your spiritual director.

Fees for the course are \$1,000 per year including Saturday sessions and handouts. This tuition also includes attendance at the annual retreat. Not included is the cost (\$110) of required books. A payment plan, if needed, can be worked out at the time of the interview. Scholarship assistance may be available.

Enrollment Options

Students may enroll in one of two tracks. A decision about which track you are pursuing must be made by September of your second year in the program.

- 1) **Certificate in Spiritual Direction** – At the conclusion of this program you will receive a certificate demonstrating that you have fulfilled all requirements, including practicum hours, to serve as a spiritual director or spiritual companion.

Some practicum hours will be provided as part of the class sessions. During the second year of the program, students will be required to provide spiritual direction and review these sessions with a faculty member. Further information about the practicum process will be provided in class sessions.

- 2) **Certificate in Interfaith Studies** – For students who determine that they do not wish to serve as a spiritual director after graduation, all course requirements are completed except the practicum. Students graduate with a certificate of completion in interfaith studies.

Reading and Homework

All students, regardless of study track, will be provided with reading assignments and homework related to the topic for each session. A bibliography of required and recommended readings will be provided at the Welcome Reception.

All Souls Interfaith School of Spiritual Direction
Program – Year 2022-2023
(Year One for Class of 2025, Year Two for Class of 2024)

Meeting Times: Classes meet on Saturdays from 9:00 a.m. to 4:00 p.m.

Monthly Focus Area: *Monthly focus area topic is subject to change.*

<i>July 29</i>	Reception for New Students
<i>September 9</i>	Introduction to All Souls Interfaith School The Spiritual Autobiography is due. Interfaith and Interspirituality – What is It?
<i>October 14</i>	The Enneagram and Spiritual Development
<i>November 11</i>	Human Sexuality and Spirituality
<i>December 9</i>	Discernment and the Quaker Clearness Committee
<i>January 12-13</i>	Weekend Retreat – The Spiritual Companion: Roles & Practice
<i>February 10</i>	Hindu Spirituality
<i>March 9</i>	12-Step Spirituality
<i>April 13</i>	Spirituality of Islam
<i>May 11</i>	Jewish Spirituality
<i>June 8</i>	African American Spirituality
<i>June 8</i>	Graduation of Class 2022-2024

All Souls Interfaith School of Spiritual Direction
Program – Year 2023-2024
(Year One for Class of 2026, Year Two for Class of 2025)

Meeting Times: Classes meet on Saturdays from 9:00 a.m. to 4:00 p.m.

Monthly Focus Area: *Monthly focus area topic is subject to change.*

<i>July 27</i>	Welcome Reception for New and Returning Students
<i>September 14</i>	Introduction to All Souls Interfaith School The Spiritual Autobiography is due Journaling: A Spiritual Discipline
<i>October 12</i>	Personality Type and Spiritual Companionship
<i>November 9</i>	The Practice of Lectio Divina and Christian Traditions
<i>December 14</i>	Earth-Based Spirituality: Druid and Celtic Insights
<i>Jan. 10-12</i>	Weekend Retreat: Spiritual Disciplines & the Spiritual Companion
<i>February 8</i>	Buddhist Spirituality
<i>March 8</i>	Practicum
<i>April 12</i>	Native American Spirituality
<i>May 10</i>	Loss and Grief: Tools for the Spiritual Companion
<i>June 14</i>	Mindfulness as a Spiritual Practice
<i>June 14</i>	Graduation of Class 2021-2023

All Souls Interfaith School of Spiritual Direction

Training spiritual companions to cultivate inner peace and inspire connection with the Divine.

APPLICATION FORM School of Spiritual Direction 2023-2025

Name _____

Address _____

City _____ State _____ Zip _____

Home Telephone _____ Alternate Phone _____

E-mail _____

Emergency Contact _____

Telephone _____

Education _____

Occupation _____

Spiritual Community (if applicable)

Please attach an essay answering the following questions. Once we have received your application and \$50 fee an interview will be scheduled.

1. What has brought about your interest in participating in the School of Spiritual Direction?
2. What do you hope to learn in the program?
3. What is your goal following completion of the two-year program?
4. What experience have you had with spiritual direction?
5. What has been your experience in a spiritual community?
6. Please provide an overview of personal development work completed (e.g., workshops, therapy, etc.)
7. What else would you like us to know about you?

Please return this application with the nonrefundable \$50.00 application fee **no later than May 1, 2022** to: All Souls Interfaith Gathering, P.O. Box 1124, Shelburne, VT 05482. You are encouraged to apply in advance of the deadline as the number of students in each class is limited.